**Research Article**

**Title** [insert FULL TITLE here; capitalize only the first word and proper nouns]

[insert each AUTHOR in turn here; FIRST name, MIDDLE name, LAST name, institutional address, email address]

**Corresponding author:** [full address including email address, telephone and fax numbers]

**Conflict of interest:** The authors declare that they have no conflict of interest.

**Abstract**

[insert ABSTRACT here; no more than 350 words, structured as below]

**Background:**

**Methods:**

**Results:**

**Conclusions:**

**[Trial Registration:]**

**Keywords:** [insert 3 to 10 keywords here]

**Background**

[insert TEXT here; a good introduction will be about one page of text, clearly state the problem, introduce relevant literature, note any controversies, and present the aim or hypothesis in the last paragraph; example reference format using Endnote: [1]]

**Materials and Methods**

[for studies involving human participants a statement detailing ethical approval and consent should be included]

**Results**

[insert RESULTS here]

**Discussion**

[insert DISCUSSION here, can be combined with the RESULTS if it improves the flow of the article]

**Conclusions**

[Should be brief and clearly state how the findings of the study relate to the underlying aims/hypothesis and the implication(s) of the research]

[**List of Abbreviations**

optional – define abbreviations in text on first use]

**Competing interests**

[disclose all financial or non-financial competing interests here; otherwise ‘The authors declare that they have no competing interests.’]

**Authors’ Contributions**

[insert authors’ contributions here, referring to each author by his/her initials; for further information on authorship, see the [ICMJE guidelines](http://www.icmje.org/recommendations/browse/roles-and-responsibilities/defining-the-role-of-authors-and-contributors.html)]

**[Authors’ Information]**

[such as background information, position in their institution, qualifications; this is optional]

**Acknowledgments**

[insert acknowledgments here; those who do not meet the criteria for authorship]

[**Endnotes**

designate in the text using superscript lowercase letter; do not use footnotes]

**References**

[we recommend using citation management software, such as Endnote; for an excellent free alternative see [Mendeley](http://www.mendeley.com/)]

1. Hoke T, Harries J, Crede S, Green M, Constant D, Petruney T, Moodley J, (2014) Expanding contraceptive options for PMTCT clients: a mixed methods implementation study in Cape Town, South Africa. Reproductive health 11: 3

**Figure legends**

**Figure x** [listed one after another; short title up to 15 words, full description up to 300 words; do not add legend to figure files; do not embed figures in this file]

**Tables**

[each on separate page, one-line title (no more than 15 words) in bold, detailed legends can follow but should be brief]

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